



HOW-TOs FOR BECOMING A “MIT GRAD”

#1 -Determine YOUR ATTITUDE on being a MIT

“The ultimate freedom is the ability to choose your attitude regardless of the circumstances”, V. Frankl

#2. Once becoming a MIT, three paths to chose.

- a. Do Nothing to improve the situation
- b. Treat the time as a “Mini-transition”
period
- c. Undertake Major Transition

#3 Steps I took in 2005 and then again in 2008 as a MIT

(You can only renew yourself, not others)

GIVE YOURSELF permission to breath and de-stress for a few months. You will not find a good job, while mourning your old job.

- a. Get fit with a workout buddy
- b. Travel
- c. Reconnect with old friends
- d. Find a project

#4 while working on Personal renewal stay in touch w/professional side as well

- a. Stay very involved with FCCMA, ICMA, and Alliance for Innovation
- b. Look at longer-in-length continuing learning opportunities
- c. Stay in touch with recruiters
- d. Look at short-term MIT jobs

#5. Once you are ready to seriously look for a New Job, Steps that worked for me in 2009:

- a. I applied for jobs only in places I really wanted to live
- b. I did three interviews in a row in early 2009
- c. Stay in touch with recruiters
- d. The difference between Jan & May 2008 interviews, was a JOB COACH.

#6. YES, A JOB COACH (and no it was not a new coach purse)

a. For a one-time fee, she became my coach for one year;

In the months we worked together:

- Put together my short and long term personal and professional goals
- Identified exactly what I thought would be the perfect job and why?
- Reviewed my Myers-Briggs
- Identified my strengths and talked openly about my weaknesses
- Redid my resume from six pages to three
- Worked on meaningful cover letters and
- Prepared for the interview (like it was a prize flight)

b. She then helped me make the decision to accept the position

SUMMARY:

Ellen Goodman has said “You never just achieve something-status, success, and happiness-and hold it firm. You keep composing and recomposing life!”

There is life After being a MIT!

