HOW-TOs FOR BECOMING A "MIT GRAD"
#1 - Determine YOUR ATTITUDE on being a MIT

“The ultimate freedom is the ability to choose your attitude regardless of the circumstances”, V. Frankl
#2. Once becoming a MIT, three paths to chose.

a. Do Nothing to improve the situation
b. Treat the time as a “Mini-transition” period
c. Undertake Major Transition
#3 Steps I took in 2005 and then again in 2008 as a MIT

(You can only renew yourself, not others)

GIVE YOURSELF permission to breath and de-stress for a few months. You will not find a good job, while mourning your old job.

a. Get fit with a workout buddy
b. Travel
c. Reconnect with old friends
d. Find a project
#4 while working on Personal renewal
stay in touch w/professional side as well

a. Stay very involved with FCCMA, ICMA, and Alliance for Innovation
b. Look at longer-in-length continuing learning opportunities
c. Stay in touch with recruiters
d. Look at short-term MIT jobs
#5. Once you are ready to seriously look for a New Job, Steps that worked for me in 2009:

a. I applied for jobs only in places I really wanted to live
b. I did three interviews in a row in early 2009
c. Stay in touch with recruiters
d. The difference between Jan & May 2008 interviews, was a JOB COACH.
#6. YES, A JOB COACH (and no it was not a new coach purse)

a. For a one-time fee, she became my coach for one year; In the months we worked together:

- Put together my short and long term personal and professional goals
- Identified exactly what I thought would be the perfect job and why?
- Reviewed my Myers-Briggs
- Identified my strengths and talked openly about my weaknesses
- Redid my resume from six pages to three
- Worked on meaningful cover letters and
- Prepared for the interview (like it was a prize flight)

b. She then helped me make the decision to accept the position
SUMMARY:

Ellen Goodman has said “You never just achieve something-status, success, and happiness-and hold it firm. You keep composing and recomposing life!”
There is life After being a MIT!